

JUNE 2026



CANCER SUPPORT COMMUNITY GREATER NY & CT

Cancer Support Community Greater NY & CT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Servicios de apoyo estan disponible en español.

To learn more or to become a member,

visit our website at www.cancersupportcommunitynyct.org or call 914-644-8844

ONGOING PROGRAMS Please note: Program offerings vary by week; please refer to our website calendar for current dates.

Table with 5 columns: Mondays, Tuesdays, Wednesdays, Thursdays, Fridays. Lists various support groups and activities for each day.

Support Planning Meetings/Reunion de Apoyo are offered regularly. Please review the calendar on our website for more information and to register. *This program was generously sponsored by Summit Health Management Survivors Program. All CSCNYCT members are welcome to participate, regardless of hospital affiliation.

ADDITIONAL PROGRAMS IN JUNE

- 6/2 @ 12:00: Post Treatment Breast Cancer Together
6/2 @ 1:00: Sistah's Circle (in person)
6/2 @ 6:00: Rapid Relief from Fear, Worry, Anger, Stress & Negativity
6/3 @ 10:30-2:00: WELCOME WEDNESDAY (in person): Morning Munchies, Light Journaling, Qigong, Reiki, Lunch Break, Cancer Survivor Yoga for All*, Love Is...
6/9 @ 12:00: Breast Cancer Together
6/10 @ 10:30-2:00: WELCOME WEDNESDAY (in person): Morning Munchies, Cultural Connections, Qigong, Lunch Break, Aromatherapy, Cancer Survivor Yoga for All*
6/10 @ 1:00: Aromatherapy to Support Stress, Insomnia & Emotional Wellbeing (in person)
6/16 @ 12:00: Post Treatment Together
6/17 @ 10:30-2:00: WELCOME WEDNESDAY (in person): Morning Munchies, Beading, Qigong, Lunch Break, Nutrition Tips During Cancer Treatment (hybrid), Cancer Survivor Yoga for All*, Meditation
6/17 @ 1:00: Making the Most of Every Meal: Nutrition Tips During Cancer Treatment (hybrid)**
6/19: Closed for Juneteenth
6/23 @ 10:30-2:00: WELCOME WEDNESDAY (in person): Morning Munchies, Qigong, Lunch Break, Community Fair
6/23 @ 1:00: COMMUNITY IS STRONGER THAN CANCER DAY: Community Fair (in person)
6/24 @ 5:30: Dinner & Improv Comedy Show featuring Cherub Improv (in person)

OTHER SUPPORTS: Short-Term Individual Counseling, Family Support, Community Navigation, Gilda's Pantry

For a full look at our calendar, visit our website at www.cancersupportcommunitynyct.org. Includes a QR code and text: Please read the event description on the website to see if the program is being held in-person or on Zoom and if it is open to the public. Please note, some programs are open to members only. Please also note that events are subject to change.