

Cancer Support Community Greater NY & CT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Servicios de apoyo estan disponible en español 914-997-6006.

To learn more or to become a member, visit our website at www.cscnyct.org call 914-644-8844

ONGOING PROGRAMS Please note, not all programs are offered weekly. Please see website calendar for dates.

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
11:00: Breast Cancer Support Group (6/2) 12:00: Post-Treatment Breast Cancer Support Group (6/16)**	1:00: Sistah's Circle (in person) (6/3) 6:00: Cafecito y Conexion* 6:00: Living with Cancer Support Group 6:00: Caregiver Support Group 6:00: Breast Cancer Support Group (6/10) 6:00: Yoga with Diane 7:00: Teens Joining Forces after Loss: Support Group (6/10, 6/24)	11:00: Qigong with Steve (in person) 12:30: Post-Treatment Together Group (6/18) 1:00: Living with Cancer Support Group 4:00: Men's Group (in person) (6/25) 5:00: Pa'lante: Grupo para hombres* 6:00: Post-Treatment Breast Cancer Group (6/18)** 6:30: Young Women with Breast Cancer Group	1:00: Caregiver Support Group 2:00: Yoga with Joyce or Patty (in person) 6:00: Living with Cancer Support Group	10:00: Clay Expressions (off-site location)

Support Planning Meetings/Reunion de Apoyo are offered regularly. Please review the calendar on our website for more information and to register.

ADDITONAL PROGRAMS IN JUNE

6/2 @ 6:00: Yoga Nidra with Claudia

6/3 @ 10:30: Beading with Christina (in person)

6/3 @ 11:00, 11:30, & 12:00: Reiki with Carolyn (in person)

6/4 @ 7:00: When to Consider Cancer Gene Testing? (Hybrid)**

6/10 @ 11:00: Healthy Eating for Cancer Survivors**

6/10 @ 12:00: Té y Bocaditos (en persona)

6/11 @ 11:00 & 12:00: Reiki Energetics (in person)

6/11 @ 6:30: Cancer & Illness: Intimacy, Body Image & Sexual Dysfunction

6/12 @ 6:00: CTF Kick Off to Summer - Pizza in the Park

6/12 @ 6:00: Rapid Relief from Fear, Worry, Anger, Stress & Negativity

6/16 @ 12:00: Frankly Speaking: Cancer & Mental Health

6/17 @ 11:00: Lite Zumba (in person)

6/19: Clubhouse Closed for Juneteenth

6/21 @ 12:00: Community Is Stronger Than Cancer Day (in person - open house)

6/25 @ 11:00 & 12:00: Reiki Energetics (in person)

6/26 @ 1:00: Red Door Readers (in person)

6/26 @ 6:00: How To Talk To Your Kids About Cancer

6/30: MRI of the Breast for Breast Cancer Patients and Survivors**

**These programs are made possible by the generous support of Summit Health Management.

OTHER SUPPORTS: Short-term Individual Counseling, Family Support

For a full look at our calendar, visit our website at www.cancersupportcommunitynyct.org



Please read the event description on the website to see if the program is being held inperson or on Zoom and if it is open to the public. Please note, some programs are open to members only.

Please also note that events are subject to change.

^{*}Our Spanish language support groups are made possible by the generous support of Memorial Sloan Kettering Cancer Center.

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